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## Steps To Improving Care for Trans Patients



Here are steps primary care providers and other health professionals can take: Below are Trans Care BC online learning courses designed for primary care providers in BC to increase knowledge about transgender health and develop the skills to provide gender-affirming care. All trainings are online and free.



Step 1: Intro to Gender Diversity - Expanded

This 60 minute online course explores:

- Key terms and concepts related to gender diversity
- Barriers to care that gender diverse people commonly face
- Strategies for creating accessible and affirming services

Register HERE.



## Step 2: UBC CPD Gender-Affirming Primary Care 1.5 Mainpro+ learning credits

This 60-90 minute medical online course reviews trans health issues and considerations for care. Providers will gain the knowledge and skills to improve the care of trans patients, including how to:

- Effectively utilize common terminology when discussing gender and gender-related care
- Identify common health disparities and implications for care
- Take an effective patient history using appropriate language
- Utilize clinical practice resources and connect patients to gender-affirming resources and support

Register <u>HERE</u>.



## Step 3:

UBC CPD Advanced Gender-Affirming Primary Care 9.0 Mainpro+ learning credits

This 9 hour live medical education training (offered in three webinars) builds upon the skills taught in **Step 2** and covers more advanced topics.

- Part 1: Care Planning for Gender-Affirming Interventions
- Part 2: Gender- Affirming Hormone Therapy
- Part 3: Gender-Affirming Surgical Interventions

Register **HERE**.

Website: http://www.phsa.ca/transcarebc/health-professionals/education/training