



# SUMMARY

## Transgender/Trans\* Health Steering Committee

**Date/Time:** Thursday January 21, 11:00am – 2:00pm

**Location:** PHSA Corporate – 700-1380 Burrard St. Room A

**Participants:** Vanessa Barron, Connie Coniglio, Fin Gareau, Lorraine Grieves, Gwen Haworth, Theresa Kennedy, Dr. Gail Knudson, Arden Krystal, Cormac O'Dwyer, Raven Salander, Dr. Marria Townsend, Natasha Wolfe

**Phone:** Laura Case, Anne McNabb, Daniel Metzger, Janice Penner, ChrYs Tei

**Regrets:** Dr David Hall, Dr. Soma Ganesan, Michele Lane, Julia O'Dwyer, Kyle Shaughnessy, Evan Taylor

|     | ITEM  | ACTIONS  |
|-----|---|--|
| 1.0 | <p><b>Welcome</b></p> <ul style="list-style-type: none"> <li>- Cormac O'Dwyer in attendance on behalf of his mother Julia O'Dwyer.</li> <li>- Angela Mezzomo, Executive Assistant will be supporting Vanessa and the steering committee for the next few months</li> </ul>  |  |
| 2.0 | <p><b>Action Log</b></p> <ul style="list-style-type: none"> <li>- Reviewed and reference materials were circulated and can be used by the working groups as needed</li> <li>- The list of BC transgender/trans* resources shared from VCH was collected in 2014 and is up-to-date. A condensed list version was created and attached in the Agenda - <i>Transgender / Trans* Community Support Snapshot</i></li> <li>- A PHSA website location will be created for this Steering Committee and meeting materials will be posted.</li> <li>- Arden noted that request for representation from other Health Authorities for the working groups has been made and responses pending. First Nations Health Authority gets inundated with requests to be on committees.</li> </ul> | <p>Vanessa to follow-up with Health Authorities and will also ask Northern and Interior Health if they could recommend a First Nations representative as well.</p> |
| 3.0 | <p><b>Draft Terms of Reference and Draft Program Model Standards</b></p> <ul style="list-style-type: none"> <li>- Terms of reference have been approved as circulated.</li> <li>- Program Model Standards have been approved as circulated.</li> <li>- Question was raised about the change in deadline to April 2015 and concern about budget cycles starting April 1. Arden had a meeting with the Deputy Minister who</li> </ul>   |  |

|            | ITEM  | ACTIONS  |
|------------|---|--|
|            | <p>continues to be supportive of this work and some funding has been notionally reserved to implement recommendations in 2015/16.</p>   |  |
| <p>4.0</p> | <p><b>Timeline</b></p> <ul style="list-style-type: none"> <li>- Discussed. Working groups to do more specific and detailed work to pull together in March to connect and align</li> <li>- If it becomes evident that critical pieces of work can't be completed in the timeframe, will discuss at Steering Committee</li> <li>- Additional resources/support requirements, or challenges facing the working groups should be escalated to the Steering Committee</li> <li>- The April full day session will aim to accommodate 100-150 people. Dates to be considered at next Steering Committee</li> </ul>   |  |
| <p>5.0</p> | <p><b>Current State Overview of Youth Services – Dr Gail Knudson</b></p> <ul style="list-style-type: none"> <li>– See <i>Youth Surgery Criteria 2015-01-21</i> presentation.</li> <li>– Note: In order to be eligible for any surgeries prior to age 19, applicants must have a good support system and a committed caregiver for the post-surgery period.</li> </ul> <p>Discussion/Service Gaps:</p> <ul style="list-style-type: none"> <li>- There are various entry points into care</li> <li>- &lt;16 tend to go through BCCH where there is an assessment by a psychiatrist/psychologist prior to seeing the endocrinologist.</li> <li>- Assessor training is happening at BCCH</li> <li>- At VCH clinic youth are assessed by a physician for hormone therapy. When there are more complex social situations, refer to BCCH where there is psychiatry/psychology support</li> <li>- Additional challenges noted when youth do not have a supportive family. Marria emphasized that it is not a benign decision to <i>not</i> provide care/hormone therapy.</li> <li>- Ministry of Child and Family Development (MCFD) has been supportive of child/youth in their care about autonomous decision-making. Connie noted that there are transition protocols for youth between PHSA and MCFD</li> <li>- Another marginalized population identified – immigrants who are unable to change their names due to birth records in another country. As this is a federal issue it will be out of scope for this work.</li> </ul> | <p>Need to clarify pathways for users and identify necessary/unnecessary variability – add to Primary Care Access/Consultation group</p> <p>Lorraine to send Vanessa Northern Health contacts as potential working group members.</p> <p>Vanessa/Arden to follow-up with PHSA legal about cases where the family won't consent.</p> <p>Primary Care Access/Consultation group to consider what policies/protocols are required for care providers in providing hormone therapy to youth.</p> <p>Consider recommendation related to MCFD – how kids are identified in the system and whether a case worker can remain as support across transition ages (youth-adult).</p> <p>Add size and scope of clinics and increasing capacity for MH services to Primary Care Access/Consultation</p> |

|     | ITEM   | ACTIONS  |
|-----|--|--|
|     | <ul style="list-style-type: none"> <li>- Infant Act – children can give consent if they demonstrate an understanding of the decision</li> <li>- Access to mental health support is critical for youth, particularly for a child who may be in a foster home or is homeless.</li> </ul> | working group  |
| 6.0 | <p><b>Working Groups</b><br/>See attached <i>DRAFT Working Groups Summary 2015-01-21</i>.</p>  | Inclusion of GPSC member to Primary Care Access/Consultation group to be considered – Arden will contact them. |
| 7.0 | <p><b>Working Group Membership</b></p> <ul style="list-style-type: none"> <li>- Members were asked to volunteer to be part of the working group that best suited their interests and experience. Each group should have Trans* identified community representatives.</li> </ul>        | Members to email their preferred working group to Vanessa by Jan 28.   |

Next Meetings:

- Thursday February 5, 1:00-4:00pm
- Tuesday February 17, 1:00-4:00pm
- Thursday March 5, 1:00-4:00pm
- Tuesday March 17, 8:30-4:00pm
- Thursday April 2, 1:00-4:00pm
- Tuesday April 21, 1:00-4:00pm