GENDER DIVERSITY EDUCATION
MAY 2021
FOR MENTAL HEALTH PROVIDERS & SOCIAL WORKERS

1. ONLINE TRAININGS
   - Intro to Gender Diversity Expanded
     30 minute module on key terms, concepts, and basic strategies for inclusive care. Useful for people who have limited client interactions and as a refresher.
   - Indigenous Gender Diversity
     3 hour course to increase awareness, knowledge, and skills for improving access to services for gender diverse Indigenous people.
   - Trans Rights Toolkit
     20 minute module introducing some of the legal rights for gender diverse individuals in British Columbia.

2. SUPPORT TOOLS
   - Gender Inclusive Language - General
     A handout of terms for you to use with clients when you don’t know the terms they use in reference to themselves or their loved ones.
   - Supporting Children, Youth and Families
     A handout of tips for supporting children, youth, and families through a loved one’s gender journey.
   - Making Mistakes and correcting them
     A handout to help us acknowledge, correct, and move on from mistakes.

3. CLIENT RESOURCES
   - Trans Care BC Health Navigation Team
     A small team of health navigators, peers, and nurses who connect people in BC to gender-affirming health and wellness services.
   - Updating ID Guide
     An online guide to help people navigate the process of changing their name and/or gender maker on identification documents.
   - Online Surgical Guides
     - Vaginoplasty
     - Chest Construction

click on an item above to access a resource

www.transcarebc.ca/education