

Indigenous gender diversity course

Resources for further learning



Indigenous gender diversity and Two-Spirit resources

Trans Care BC encourages everyone to continue learning about Indigenous gender diversity and the broader scope of Two-Spirit cultures, identities, and roles in various Indigenous Nations. Below are recommended resources for further learnings. If you are aware of other resources you would recommend, please email: trans.edu@phsa.ca

NOTE: This PDF contains hyperlinks. This means that if you click on the name of a resource listed below (in blue) it should open the resource in your web browser.

Web resources, supports and publications:

- [Urban Native Youth Association](#) - Vancouver organization with a wide range of Two-Spirit inclusive services for Indigenous youth, including the [2-Spirit Collective](#)
- [Dancing to Eagle Spirit Society](#) is a Vancouver based organization dedicated to healing and empowerment of Two-Spirit individuals
- [You Are Made of Medicine](#) - Two-Spirit Mental Health Peer Support Manual
Native Youth Sexual Health Network
- [The Native Youth Sexual Health Network](#) has a national campaign for First Nations youth across Canada to fight homophobia and normalize healthy sexuality.
- [Two-Spirited People of the First Nations](#) provides prevention education and support for Two-Spirit people, including people living with or at risk for HIV and related co-infections in the Greater Toronto Area
- [An Introduction to the Health of Two-Spirit People: Historical, contemporary and emergent issues](#) - (2016) Dr. Sarah Hunt (Kwagu'ł - Kwakwaka'wakw Nation)
National Collaborating Centre for Indigenous Health's publication
- [Two-Spirit webpage](#) - Trans Care BC

Online courses:

- [Indigenous Canada - Module Nine: Indigenous Women](#) - University of Alberta
- [Restoring the Circle - Section 1.2: Diversity as Life](#) - Native Women's Association of Canada

Trans Care BC support and support tools:

- [Trans Care BC health navigation team](#) (Provincial)
- [Creating culturally relevant and gender-affirming services](#)
- [Indigenous gender-affirming health benefits](#)
- [Making culturally relevant and gender-affirming referrals](#)

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Foundational resources related to Indigenous health and wellness

Trans Care BC encourages everyone to continue learning about the broader scope of Indigenous health and wellness. Below are some related website, publications, calls to action, and online courses. If you are aware of other resources you would recommend, please email: trans.edu@phsa.ca

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Web resources, supports and publications:

- [Declaration on the Rights of Indigenous Peoples Act](#) - BC Government
- [In Plain Sight report](#) - addressing Indigenous-specific racism and discrimination in BC health care
- [Calls To Action](#) - the Truth and Reconciliation Commission
- [Reclaiming Power and Place](#) - National Inquiry into Missing and Murdered Indigenous Women and Girls
- [MMIWG2SLGBTQIA+ Action Plan](#) - National Inquiry into Missing and Murdered Indigenous Women and Girls
- [Red Women Rising](#) - report on Murdered and Missing Women, Girls, and Two-Spirit people released by Indigenous Women Survivors in Vancouver's Downtown Eastside and members of Downtown Eastside Women's Centre

Online courses:

- [San'yas Indigenous Cultural Safety Training Program](#) - Indigenous Health, PHSA
- [Indigenous Canada](#) - University of Alberta

Health navigation teams:

- [First Nations Health Authority](#) (Provincial)
- [Aboriginal Patient Navigator \(APN\) Program](#) (Vancouver Coastal Health region)
- [Métis Regional Mental Health Navigators](#) (Métis Nation BC)