

# common surgical readiness Assessment questions

The Surgical Readiness Assessment confirms that you meet the criteria for publicly-funded, gender-affirming surgery, and helps ensure you are prepared and supported before, during, and after your surgery.

## what to expect from this visit:

Each Qualified Surgical Assessor does things a bit differently, but generally, the assessor may ask questions...

### ...about your gender:

- ▽ What pronouns do you use?
- ▽ How would you describe your gender?
- ▽ When did you start living outwardly as yourself?
- ▽ How long have you been thinking about gender-affirming treatment?

### ...about your physical and mental health:

- ▽ Have you ever been diagnosed with a physical health condition?
- ▽ Have you ever been diagnosed with a mental health condition?
- ▽ What is your height and weight?
- ▽ What medications are you on?
- ▽ Have you had any surgeries before? Did you receive anesthesia?
- ▽ Did you have any problems with it?

### ...about your support people:

- ▽ Who are your main support people? Will they be able to help you after surgery?
- ▽ Do you have a GP or NP, and are they supportive?
- ▽ Is there anything you think would be important for me to know to help with your care planning?

For more information, please visit [transcarebc.ca](https://transcarebc.ca)