

# GENDER DIVERSITY EDUCATION

MAY 2021



**TRANS CARE BC**  
Provincial Health  
Services Authority

## FOR MENTAL HEALTH PROVIDERS & SOCIAL WORKERS



1

### ONLINE TRAININGS

#### Intro to Gender Diversity Expanded

30 minute module on key terms, concepts, and basic strategies for inclusive care. Useful for people who have limited client interactions and as a refresher.

#### Indigenous Gender Diversity

3 hour course to increase awareness, knowledge, and skills for improving access to services for gender diverse Indigenous people.

#### Trans Rights Toolkit

20 minute module introducing some of the legal rights for gender diverse individuals in British Columbia.



2

### SUPPORT TOOLS

#### Gender Inclusive Language - General

A handout of terms for you to use with clients when you don't know the terms they use in reference to themselves or their loved ones.

#### Supporting Children, Youth and Families

A handout of tips for supporting children, youth, and families through a loved one's gender journey.

#### Making Mistakes and correcting them

A handout to help us acknowledge, correct, and move on from mistakes.



3

### CLIENT RESOURCES

#### Trans Care BC Health Navigation Team

A small team of health navigators, peers, and nurses who connect people in BC to gender-affirming health and wellness services.

#### Updating ID Guide

An online guide to help people navigate the process of changing their name and/or gender marker on identification documents.

#### Online Surgical Guides

Vaginoplasty

Chest Construction

click on an item above to access a resource

[www.transcarebc.ca/education](http://www.transcarebc.ca/education)