

GENDER DIVERSITY EDUCATION

SEP 2021



TRANS CARE BC
Provincial Health
Services Authority

FOR CARE PROVIDERS WORKING WITH CHILDREN, YOUTH, & FAMILIES



1

ONLINE TRAININGS

Intro to gender diversity

30 minute course on key terms, concepts, and basic strategies for inclusive care. Useful for people who have limited client interactions and as a refresher.

Intro to gender diversity Expanded

75 minute course on key terms, concepts, and basic strategies for inclusive care. Useful for people who work directly with clients.

Supporting gender creative children & families

90 minute course introducing some foundational info and strategies for supporting children and their families.



2

SUPPORT TOOLS

Gender inclusive language - general

A handout of terms for you to use with clients when you don't know the terms they use in reference to themselves or their loved ones.

Supporting children, youth and families

A handout of tips for supporting children, youth, and families through a loved one's gender journey.

School gender support plan considerations

A handout to help support children, youth, and families in school settings.



3

CLIENT RESOURCES

Trans Care BC Health navigation team

A small team of health navigators, peers, and nurses who connect people in BC to gender-affirming health and wellness services.

Gender-affirming parenting guide

A handout for parents and care givers of gender diverse children and youth.

Resources for parents and caregivers

A handout of useful resources for children, youth, and families.

click on an item above to access a resource

www.transcarebc.ca/education