Symptoms of post COVID

- Post Traumatic Stress Disorder
- Hair loss
- Headaches
- Brain Fog
- Ringing in the ears
- Fever
- Breathlessness
- Taste and smell changes
- Dizziness
- Anxiety
- Cough
- Depressed
- Chest pain
- Sore throat
- Joint and muscle pain
- Difficulty swallowing
- Lack of Appetite
- Breathlessness
- Nausea
- Heart palpitations
- Abdominal pain
- Postural Orthostatic Tachycardia Syndrome (POTS)
- Diarrhea
- Sleep disturbance
- Joint and muscle pain
- Fatigue
- Pins and needles or numbness
- Post-Exertional Malaise
- Weight loss
- Skin rashes
- Post-COVID-19 Interdisciplinary Clinical Care Network

Please visit https://www.longcovidbc.ca/ for symptom management, resources, tools and next steps.