



PHSA Indigenous Health works to improve the quality of health care for Indigenous people, foster cultural safety, and contribute to closing the health gap between Indigenous and non-Indigenous people in BC.

How we serve the people of BC

Significant health disparities exist for Indigenous people in BC and across Canada, and stereotyping, discrimination and lack of understanding result in unsafe care or avoidance of care. PHSA Indigenous Health supports agencies, programs and services in a collective approach to providing safer and more equitable care for Indigenous patients.

We are a national leader in the area of Indigenous cultural safety training. Indigenous cultural safety is about actively working to provide fairer and safer care to Indigenous people. This means considering how historical and ongoing colonization shapes Indigenous people's health care experiences today, and working to address racism, stereotyping and discrimination.

Supporting PHSA staff, patients and families:

- ➔ **San'yas Indigenous cultural safety training** is an accredited, online training program created and hosted by PHSA Indigenous Health. It is designed to increase knowledge, enhance self-awareness, and strengthen the skills of those who work with Indigenous people.
- ➔ **PHSA's Indigenous cultural safety strategy** provides a framework for addressing anti-Indigenous racism at both interpersonal and structural levels. The goal is to create a safe and equitable health care system through organizational transformation.
- ➔ **National Indigenous cultural safety learning series** is a national monthly webinar series on Indigenous cultural safety hosted by PHSA Indigenous Health and the Southwest Ontario Aboriginal Health Access Centre (SOAHAC).
- ➔ **Indigenous youth wellness** is an upstream health promotion and suicide prevention program for Indigenous youth, which supports youth through a series of activities both online and within their community based youth groups.

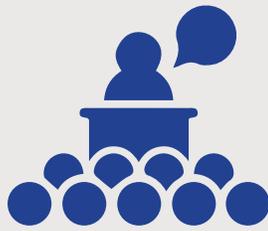




48,000+
people who have taken San'yas Indigenous Cultural Safety Training
February 2018



expansion of the San'yas Indigenous Cultural Safety Training program into Manitoba and Ontario



100+
youth attended conferences hosted by Indigenous youth wellness



The first of its kind in Canada, San'yas Indigenous cultural safety training aims to improve the safety and quality of health services Indigenous people receive, acting as an educational bridge to transform attitudes, behaviours and practice in health care.

San'yas means 'knowing' and 'to know' in Kwak'wala, the language of the Kwakwaka'wakw Peoples, whose traditional territory lies in northern Vancouver Island and surrounding areas.

Interactive and facilitated online training

San'yas participants learn about the history of colonization in Canada and its impacts, social determinants of Indigenous peoples' health and health disparities, and anti-Indigenous stereotyping and discrimination.

Core courses specific to health, mental health and child welfare are available, as well as advanced post-training

courses in moving from bystander to ally and unpacking our colonial relationship.

Ongoing learning

Additional resources are available on the San'yas website to support learners looking to enhance their skills.

The Indigenous Cultural Safety National webinar series offers interactive sessions at www.icscollaborative.com.

Indigenous cultural safety strategy

Cultural safety is about making spaces, services and organizations safer and more equitable for Indigenous people. This occurs by considering colonial history and responding to structural racism and discrimination. Cultural safety is achieved when Indigenous people are safe in, and not harmed by, the system.

PHSA's Indigenous cultural safety strategy aims to address anti-Indigenous racism, discrimination and stereotyping at

both an individual and organizational level. It includes six action areas:

- Administration and governance
- Human resources, training and staff development
- Equitable access and service delivery
- Policy, procedures, risk and legal
- Communications and community relations
- Planning, monitoring, evaluation and research

Key partners

PHSA Indigenous Health works with many partners, including Indigenous health leaders in BC and across Canada, researchers and scholars, curriculum writers and technicians, and community partners including Métis Nation BC, BC Association of Friendship Centres, and the First Nations Health Authority.

PHSA Indigenous Health

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- www.phsa.ca/our-services/programs-services/indigenous-health
- www.sanyas.ca
- www.icscollaborative.com
- www.indigenouslyouthwellness.ca
- www.phsa.ca