

Your Life, Your Photos, Your Story

A Day in the Life of a LONGHAULER Share your Long COVID Story at the Museum of Vancouver!

"A Day in the Life of a Longhauler" is a photography project that captures the daily life of individuals living with Long COVID to enhance visibility, reduce stigma & advocate for improved support.

Whether you have a Long COVID diagnosis or are dealing with long-term symptoms following a COVID-19 infection, we invite you to take up to six photos from your everyday life which will be showcased at the Museum of Vancouver in the Fall of 2025.

> **Click Here to Learn More About** the Project & Our Team

High Heart Rate Your heart rate rose above 120 BPM while you seemed to be inactive for 10 minutes starting at 4:39 PM.

START OF

THE DAY

MIDDLE OF THE DAY

LOWLIGHT

HEALTHCARE MOMENT

END OF THE DAY

HIGHLIGHT









