Symptoms of post COVID

- Post Traumatic Stress Disorder
- Brain Fog
- Hair loss
- Headaches
- Ringing in the ears
- Anxiety
- Depression
- Chest pain
- Fatigue
- Joint and muscle pain
- Taste and smell changes
- Lack of Appetite
- Nausea
- Abdominal pain
- Diarrhea
- Pins and needles or numbness
- Weight loss
- Fever
- Dizziness
- Cough
- Sore throat
- Difficulty swallowing
- Sleep disturbance
- Heart palpitations
- Postural Orthostatic Tachycardia Syndrome (POTS)
- Post-Exertional Malaise
- Fatigue
- Skin rash

Please visit phsa.ca/postcovid for additional tools and content to help you understand and manage your symptoms as you recover from COVID-19.