

# What does it take to navigate the rapidly evolving digital health landscape?



"..health workers who struggle to use these [digital health] technologies have negative perceptions about its usefulness, may not understand the information generated...and are also anxious about making errors...even technologically more competent users are reported as needing support and repeat training in the use of programmes and devices."

World Health Organization, June 2019

**This is exactly the topic of our newest course: [Intro to Digital Health Literacy](#).**

In this interactive and self-paced hour long course, learners will be able to:

- Discuss the importance of digital health literacy in the context of virtual health
- Apply digital literacy skills to create, communicate, and find information
- Navigate online resources safely and effectively

And we've sweetened the learning experience!

Starting January 24th **you can win** by following these simple steps:



- 1** Complete the course by accessing it [on the LearningHub](#), or scan this QR code on your mobile device's camera.
- 2** Take a screenshot of the end of the course to show you've completed it.
- 3** Email your screenshot to [OVHeducation@phsa.ca](mailto:OVHeducation@phsa.ca) and you'll be automatically entered to win one of these amazing prizes:

**Grand prize:** a Kindle • **Group/team prize:** Lunch is on us!

• **Individual prize: your choice of a leadership book from our curated list:**

- Start with why – Simon Sinek • The infinite game – Simon Sinek • Love + Work – Marcus Buckingham • Atlas of the heart or Dare to Lead – Brene Brown • HBR Emotional Intelligence Boxed Set • The art of persuasion – Bob Burg • The power of teamwork – Brian Goldman • The good fight – Laine Davey

