

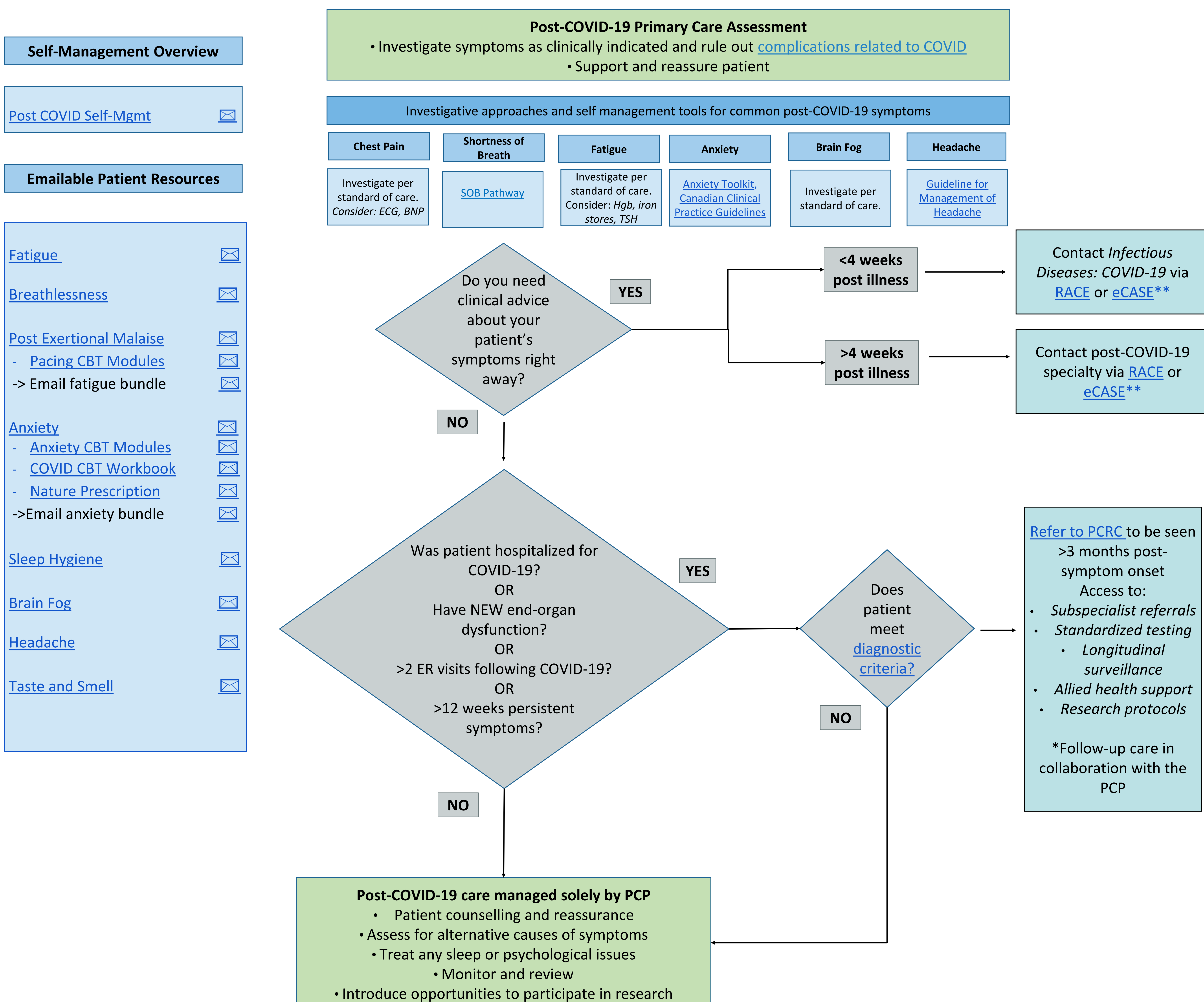
A pathway of post-COVID-19 recovery was developed for BC. Acute COVID-19 should be managed symptomatically. It is expected that patients may experience persistent symptoms for up to 12 weeks following COVID-19 infection. If symptoms worsen, the Primary Care Practitioner (PCP) should order labs and diagnostics as clinically indicated. Persistent symptoms of post-COVID-19 can be physical, cognitive and/or social/emotional and all must be assessed to identify potential complications. **Once [complications](#) are ruled out**, these patients should be managed symptomatically. PCPs should call the [RACE](#) line if they require advice in the management of their post-COVID-19 patient. **It is imperative that patients are heard and understood throughout their recovery.**

The post-COVID-19 Pathway is available for PCPs to help their patients appropriately navigate through the current available resources so as to receive appropriate, effective and timely care. Key messages include:

- The pathway is grounded in the experience of physicians in the Post-COVID-19 Recovery Clinics (PCRCs)
- **Not everyone will need to be referred to the Post-COVID Recovery Clinic, but all individuals should have access to appropriate care, support and education.**
- Persons whose symptoms have not resolved within 12 weeks should be re-assessed and considered for [referral to the PCRC](#).
- Referral to healthcare providers who are not directly involved in the PCRC may be required.
- Many patients are taking as long as 12 weeks to recover, it is important to provide them with information/resources to guide self-management of symptoms.

Note: The Post-COVID Recovery Clinic is designed to see patients at 3 months post infection. It is not designed to deal with urgent medical concerns.

Provincial Post-COVID-19 Recovery Care Pathway



*FP to be primary contact throughout COVID-19 recovery

**[RACE/eCASE](#) can be contacted for any questions regarding care of the post-COVID-19 patient in BC