

Deadline for submission is November 30, 2023. Please email the application to esn@phsa.ca.

## UNIT / WARD PREFERENCE

Please choose which unit at BC Children's Hospital listed below you would be interested in. If interested in both, please add 1 beside your first choice.

Eating Disorders Program

Child and Youth Mental Health

## PROGRAM PREFERENCE

Please tell us why you have chosen the BC Children's Hospital – Child & Youth Mental Health as your first preference.

## FUTURE CAREER PLANS

What are your career goals in this chosen area of pediatric mental health?

# RELEVANT WORK AND VOLUNTEER EXPERIENCE WITH CHILDREN AND YOUTH

Your Title

Employer



## COMPETENCIES ASSESSMENT

Please rate your own competencies using the scale below. Tick the box of the number that best represents your level on each competency (please see example).

## SCALE

- 1 I have not performed / demonstrated this and may require more education and support
- 2 I perform / demonstrate fairly consistently and may require support and more practice
- 3 I perform / demonstrate consistently, independently and with confidence
- N/A Not Applicable

#### Example

1. Assumes responsibility for maintaining self-regulation / self-mastery.

### COMPETENCIES

1 2 3 N/A

3

N/A

1. Assumes responsibility for maintaining self-regulation / self-mastery.

- 2. Establishes and maintains effective relationships with clients, families and members of the health care team.
- **3. Ensures comprehensive communication and documentation of care** (focus charting, creating and individualizing care plans, using flow sheets to communicate care, etc.)
- 4. Provides timely and effective teaching with clients, children/women and families (assesses learning needs, uses teaching resources, accesses resources, documents teaching and family comprehension of learning, etc.)
- 5. Organizes, plans and coordinates care effectively.
- 6. Provides safe nursing care to patients and families (safety assessments, environmental safety checks, etc.)

7. Provides family centered care.

## **BC CHILDREN'S HOSPITAL-CHILD AND YOUTH MENTAL HEALTH**

## SKILLS ASSESSMENT

1 2 3 N/A

#### **1. ASSESSMENTS**

- a. Head to Toe (infant to youth)
- b. Growth and Development
- c. Pain Assessment
- d. Safety and Environment Assessment

#### 2. EMERGENCY CARE SITUATIONS

- a. 1:1 care
- b. Chemical restraint
- c. Mechanical restraint

#### **3. MENTAL STATUS EXAM**

- a. Risk Assessment
- b. Suicidality
- c. Aggression
- d. Safety checks
- e. Groups

#### **4. INFECTION CONTROL**

a. Isolation Techniques

#### **5. PATIENT AND FAMILY TEACHING**

- a. Medication Teaching
- b. Other

(e.g. EEG, ECG, CT, bloodwork prep)

Additional comments (if applicable)

## CHECKLIST

Have you completed the form in full?	YES	NO
Have you submitted the following to <u>esn@phsa.ca</u> :		
PHSA General Application Form		
Program-specific Application form(s) (this form)		
Cover Letter		
Resume (please ensure your resume includes all of your clinical placements)		
Medical / Surgical Clinical Evaluation		
Unofficial Transcript		
Reference (must include two references—clinical instructor reference and persona	l / work referenc	e)
*Please provide your Pediatric or Mental Health Clinical Instructor for your Pediatrics	s placement (if co	mpleted).

#### THANK YOU FOR YOUR INTEREST IN PHSA'S ESN PROGRAM

Due to the large number of applications received, we are unable to confirm the status of individual applications.

Please note: Only short listed applicants will be contacted for an interview.