



Join a Virtual Health Visit with your provider from a smartphone or tablet

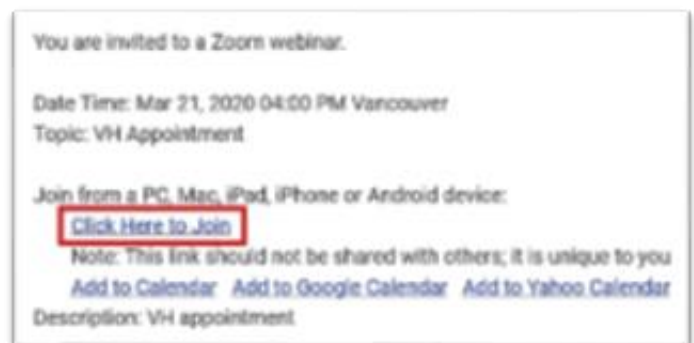
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| <p>Please download the ZOOM Cloud Meetings app. You may also use your mobile phone's web browser.</p> | |
| <p>Apple iOS: Requires iOS 8.0 or later. Compatible with iPhone, iPad and iPod touch.</p> | <p>https://apps.apple.com/us/app/id546505307</p> |
| <p>Android: Requires Android 5.0 and up</p> | <p>https://play.google.com/store/apps/details?id=us.zoom.videomeetings</p> |

1. Receive your Virtual Health Visit invitation

1. Check your inbox and junk box for a virtual visit invitation.
2. **Flag the email** so you can easily find it later or use the 'add to calendar' feature to add it to your phone's calendar.

2. Join your Virtual Health Visit

1. Find your email Virtual Health Visit invitation or go to your phone's calendar and locate the event.
2. Tap the **link to join**.
 - The ZOOM app will open if installed, otherwise the web browser will open.



3. Allow ZOOM access to your camera and microphone (required the first time you use the app)

1. **Allow access** to your **camera** so your provider can see you.
2. **Allow access** to your **microphone** so your provider can hear you.
3. Tap **Call using Internet Audio** so you can hear your provider.

3. Start your camera feed and unmute your microphone

1. Tap your screen to make the tool bar appear.
2. Tap **Start Video and Unmute**.
3. If you need to stop your video or mute your microphone click the button again.

4. Send a chat message to your provider (optional)

1. In the bottom tool bar, tap **More**.
2. Tap **Chat** from the menu options.
3. Tap in the message field to type a message.
4. Tap **Send**.

5. Leave the Virtual Health Visit

1. Tap your screen to make the tool bar appear.
2. In the top tool bar, tap **Leave**.
3. Tap **Leave Meeting** to confirm.

