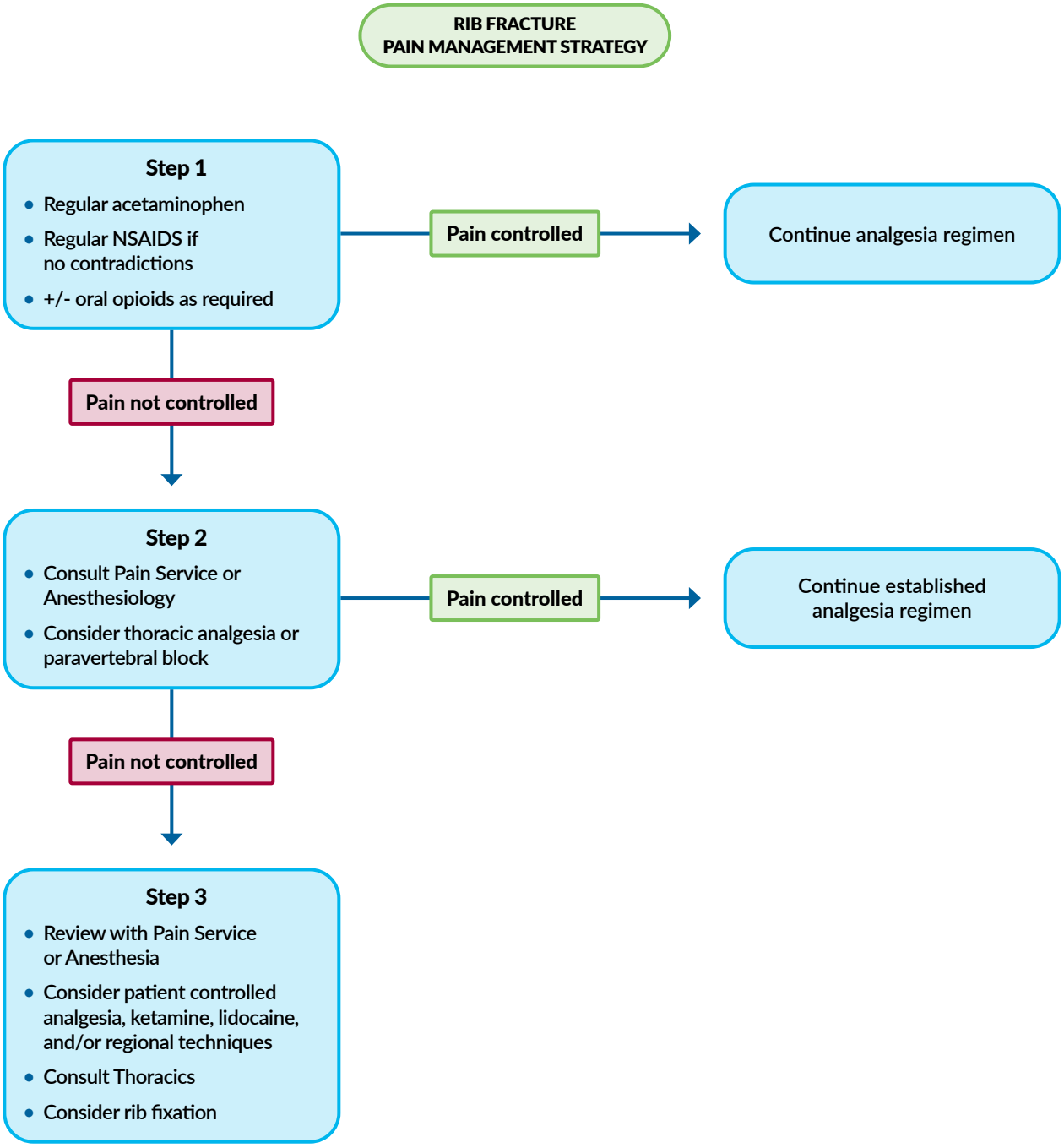
RIB FRACTURE
PAIN MANAGEMENT STRATEGY
Step 1
Regular acetaminophen
Regular NSAIDS if no contradictions
+/- oral opioids as required
Pain controlled
Continue analgesia regimen
Pain not controlled
Step 2
Consult Pain Service or Anesthesiology
Consider thoracic analgesia or paravertebral block
Pain controlled
Continue established analgesia regimen
Pain not controlled
Step 3
Review with Pain Service or Anesthesia
Consider patient controlled analgesia, ketamine, lidocaine, and/or regional techniques
Consult Thoracics
Consider rib fixation